



# Schools on the Move

Pedometers in Schools Project

## Schools on the Move and PESSYP

### CLUB LINKS

#### Background

The School Club Links work strand will create and develop links between schools and community sports clubs to support an increase in the number of children aged 5-16 years who are participating in community sports clubs.

23 National Governing Bodies receive funding to work with and support their accredited clubs to make sustainable and effective links with schools by working in partnership with County Sport Partnerships and School Sport Partnerships.

The overall outcome of the School Club Links work strand will be to increase the number of young people in School Sport Partnerships involved in community-based sport.

The School Club Links work strand 2008-11 will continue to be delivered by Sport England in close partnership with the Youth Sport Trust, National Governing Bodies and the Child Protection in Sport Unit. It will continue to:

- Create high quality sports club opportunities for young people that are welcoming, safe, high quality and child friendly
- Create high quality environments which encourage participation of children and young people
- Offer activity programmes which include provision for talent development, incorporating the principles of the Long Term Athlete Development model
- Provide access to activity programmes to all sections of the community
- Recruit and develop coaches and volunteers (including young people) to provide the best possible activity programmes





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## ***How SOTM fits in:***

Schools on the Move can be used as a tool within school to establish a walking/physical activity club. This may start as an informal walking group that could develop into a regular event. There will be many opportunities to link with agencies outside of the school gates through using the information on partners detailed on the SOTM website.

## **COACHING**

### **Background**

The ambition of the Strand is to:

- To create a step change in the quantity and quality of coaching offered to young people
- To ensure coaching within schools connects to competition, leadership & volunteering and club links to enhance and strengthening pathways for young people
- That ensure coaches are deployed effectively, and developed and valued by trained 'coach managers'
- To create a culture of co-coaching and coach mentoring
- To transform the coaching of children through the promotion of fundamental movement skills and fundamental sports skills by a multi sport and multi skill approach
- To establishment over time a network of coach development hubs within the education setting

## ***How SOTM fits in:***

Schools on the Move strives to ensure that the quantity and quality of activity is world class and is offered in an accessible exciting way. The website has been designed to enable young people the opportunity to start, sustain and extend their walking experiences. Why not use the contacts list on the website to link with a local orienteering club and as a coach to come into your school?





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## COMPETITION

### Background

In order to create a step change in the structure of competitive sport for all young people a national network of 225 Competition Managers has been established and is due to be fully in post by January 2009. This network is being deployed through School Sport Partnerships (SSPs) in each of the 49 county areas.

Competition managers work closely with the National Governing Bodies of sport and the School Sport Associations to enable them to implement the national competition frameworks and in turn create a national system of competition that is delivered locally.

### Intra-school competition

Alongside the inter school competition there has been some real developmental work being undertaken within intra school competition. 8 National Governing Bodies of sport (NGBs) have recognised the role that intra school competition can play, and have been working with the Youth Sport Trust to develop a resource targeting appropriate forms of competition for all young people. The 8 NGBs that have been involved in the delivery of this resource in year 1 include: Rugby League, Rugby Union, Tennis, Volleyball, Ultimate, Cricket, Table Tennis and Boccia.

### *How SOTM fits in:*

Schools on the Move can be used as a basis for Intra and inter school competitions. Many schools have used the website to organise intra class, form and year group competitions. The data collected on the website can be manipulated in any way you like which make SOTM a great competition tool.





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## CONTINUING PROFESSIONAL DEVELOPMENT

### Background

### SSCo Knowledge Development

#### County Seminars

Due to the changes in Youth Sport Trust's Education and Training Programme for School Sport Partnerships, it was communicated recently to County Sports Partnerships (CSP) that from academic year 2008/9 Youth Sport Trust will solely be funding CSPs to facilitate a networking opportunity for SSCOs.

This will be an SSCO County Seminar which will ensure all SSCOs fully understand their role in the 5 hour offer and how this can be realised in their setting.

Youth Sport Trust and Sport England have been working together to develop the overview for the Seminars, which will be a blend of national structure and content along with locally developed structure to compliment 49 (one per CSP).

SSCo County Seminars will be facilitated at CSP level with support from the Youth Sport Trust. CSPs can use the networking opportunity to develop understanding and enhance partnership working.

#### Outcomes:

- The SSCO will have an in depth understanding of the national messages relayed at the S&SP Conference.
- The SSCO will have reviewed and checked their own understanding of the role of an SSCO.
- The SSCO will have an enhanced understanding their role within the five hour offer.





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### ***How SOTM fits in:***

Schools on the Move has a dedicated training site that any member of staff from any registered school can access. The site along with the SOTM webpage's provide up to date training and information on not only the SOTM initiative but many topics and areas of development regarding walking and physical activity.

## **DISABILITY**

### **Background**

250 SSPs have been invited to deliver the Playground to Podium Framework in 2008-09. Partnerships' current provision for young disabled people and local priorities against the development of the sporting pathway, were used to identify SSPs who have the capacity and need to deliver the framework from September.

### ***How SOTM fits in:***

Schools on the Move is fully inclusive and can be used in many flexible ways to ensure everyone can be involved. For example wheelchair users have access to odometers to enable distance travelled to be used as a measure of activity as opposed to steps. If you have a questions with regards to SOTM and disability please contact the project team.

## **LEADERSHIP AND VOLUNTEERING**

### ***How SOTM fits in:***

Schools on the Move Activators packs were launched in March 09 and have been distributed to every school currently registered on the project. The packs have been designed to support the delivery of the project through using young people as motivation a assistance with the project. The activators can help with increasing activity, setting up break time competitions or even supporting data entry on the website. Schools are being encouraged to be as imaginative as they can while using the packs as a structure to ensure the aims and values of the initiative are maintained.





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## **SPORT UNLIMITED**

(formerly Extending Activities)

Following agreement from the DCMS and DCSF the decision has been made to rename the Extending Activities programme to Sport Unlimited. The name was tested informally with a number of CSPs and SSPs and was well received. The consensus is that Sport Unlimited has a better feel, implies no boundaries to what youngsters can achieve, is easier to promote and the 'Unlimited' will appeal to the semi-sporty segment we are seeking to engage through the programme.

### ***How SOTM fits in:***

It is important that Schools on the Move is just a starting point a catalyst for further activity. The website has many ideas and contacts that will help with the development of further activities that may increase the overall take up of young people outside of curriculum time.

